

# Coaching Evaluation



Your Name \_\_\_\_\_

Dates of Service \_\_\_\_\_

Coach Name \_\_\_\_\_

## Coaching Impact & Outcomes

To what extent did you gain knowledge about the following coaching outcomes? Also, please indicate to what extent each coaching outcome is applicable to your specific work situation. Please use the following scale:

1=Not at all	2=To a little extent	3=To some extent	4=To a great extent	5=To a very great extent
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Coaching Outcomes	
(NOTE: Sample Coaching Outcomes Below)	
1.	Improving Leadership Capabilities
2.	Increasing Self-Awareness
3.	Giving and Receiving Developmental Feedback
4.	Building and Maintaining Relationships
5.	Increasing Ability to Learn from Experience
6.	Increased awareness on Leadership vs. Management
7.	Setting and Achieving Goals
8.	Coping with Change
9.	Influencing Others

Knowledge Gained?				
Not at all		Very great		
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

How Applicable?				
Not at all		Very great		
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

Coaching Evaluation	Not at all    Very great				
Please rate your <i>overall satisfaction</i> with your coaching relationship.	1	2	3	4	5

**Comments:** What did you find particularly effective/helpful about your coach?

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**Comments:** What does your coach need to improve?

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**Comments:** Please comment on any aspect of your coaching experience that you found particularly helpful.

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**Comments:** Please comment on any aspect of your coaching experience that you would like to see changed.

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